

<h1 style="margin: 0;">Subject: PE</h1>	<p>Subject Intent: In PE, we engage children by creating a fun and inclusive environment for pupils to express themselves individually and as part of a team, developing fundamental life skills in the process - such as teamwork, resilience, creativity and self-awareness. Physical education enables students to develop confidence and self-esteem which has a fundamental impact on their success in other subject areas too. The PE curriculum content develops a positive attitude to problem solving and supports pupils to communicate confidently. The curriculum aims to encourage pupils to lead more active and healthier lifestyles, creates a platform for pupils to develop greater resolve and an ability to overcome adversity, and encourages pupils to make a positive contribution and to aspire to meet their full potential in all aspects of life at Dawn House School and beyond.</p>		
<p>Develop:</p> <ul style="list-style-type: none"> Through a diversity of approaches to promote active learning both in small groups and independently. Developing curiosity Fine and Gross motor skill development Team skills and teamwork Resilient pupils who strive to be the best 	<p>Engage:</p> <ul style="list-style-type: none"> Accessible resources, differentiated to meet the needs of each individual Multimodal approach to teaching – ensuring content is engaging Setting clear expectations and giving examples of this 	<p>Communicate:</p> <ul style="list-style-type: none"> Key words and subject specific terminology in lessons Discussion and reasoning/explaining answers are a part of lessons. Encouraging pupils in discussion-based tasks to feedback using full sentences 	<p>Aspire:</p> <ul style="list-style-type: none"> Resilience and self-esteem as a learner Promoting independence and personalised learning Taking pupils on trips, visits, and workshops with outside agencies Exploring career opportunities in this sector Exploring further education options beyond school in this area

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Primary 1/2 Overview	<ul style="list-style-type: none"> Multi Skills Throwing and catching 	<ul style="list-style-type: none"> Multi skills Running and jumping 	<ul style="list-style-type: none"> Racket based activities Fundamental movements 	<ul style="list-style-type: none"> Spatial awareness Invasion activities 	<ul style="list-style-type: none"> Games Striking objects 	<ul style="list-style-type: none"> Attacking and defending Play a range of chasing games

	Autumn 1 and 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Juniors Overview	<ul style="list-style-type: none"> Invasion Games <p><i>Including: Basketball, Hockey/floorball, Football, Handball, Tchoukball, Tag Rugby and Dodgeball.</i></p>	<ul style="list-style-type: none"> OAA or Net and racket <p><i>Including: Tennis, Badminton, table tennis</i></p>	<ul style="list-style-type: none"> Striking and fielding <p><i>Including: Cricket, rounders, baseball, football cricket, kickball.</i></p>	<ul style="list-style-type: none"> Athletics and OAA <p><i>Including: Javelin, Shot, Discus, hammer, running and jumping.</i></p>	<ul style="list-style-type: none"> Sports adventures <p><i>Including: footgolf, Table cricket, UV dodgeball, ultimate frisbee, Boccia, Kurling, cycling, kickball and community sports visits.</i></p>

	Autumn 1 and 2	Spring 1	Spring 2	Summer 1	Summer 2
KS3 Overview	<ul style="list-style-type: none"> Invasion Games <p><i>Including: Basketball, Hockey/floorball, Football, Handball, Tchoukball, Tag Rugby and Dodgeball.</i></p>	<ul style="list-style-type: none"> OAA or Net and racket <p><i>Including: Tennis, Badminton, table tennis</i></p>	<ul style="list-style-type: none"> Striking and fielding <p><i>Including: Cricket, rounders, baseball, football cricket, kickball.</i></p>	<ul style="list-style-type: none"> Athletics and OAA <p><i>Including: Javelin, Shot, Discus, hammer, running and jumping.</i></p>	<ul style="list-style-type: none"> Sports adventures <p><i>Including: footgolf, Table cricket, UV dodgeball, Ultimate frisbee, Boccia, Kurling, cycling, kickball and community sports visits.</i></p>

	Autumn term 1 and 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
KS4 Overview	<ul style="list-style-type: none"> Invasion Games <p><i>Including: Basketball, Hockey/floorball,</i></p>	<ul style="list-style-type: none"> OAA or Net and racket 	<ul style="list-style-type: none"> Striking and fielding 	<ul style="list-style-type: none"> Athletics and OAA 	<ul style="list-style-type: none"> Sports adventures

	Football, Handball, Tchoukball, Tag Rugby and Dodgeball.	Including: Tennis, Badminton, table tennis	Including: Cricket, rounders, baseball, football cricket, kickball.	Including: Javelin, Shot, Discus, hammer, running and jumping.	Including: footgolf, Table cricket, UV dodgeball, ultimate frisbee, Boccia, Kurling, cycling, kickball and community sports visits.
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6th Form Overview	Autumn 1 and 2	Spring 1	Spring 2	Summer 1	Summer 2
	<ul style="list-style-type: none"> Invasion Games <p>Including: Basketball, Hockey/floorball, Football, Handball, Tchoukball, Tag Rugby and Dodgeball.</p>	<ul style="list-style-type: none"> OAA or Net and racket <p>Including: Tennis, Badminton, table tennis</p>	<ul style="list-style-type: none"> Striking and fielding <p>Including: Cricket, rounders, baseball, football cricket, kickball.</p>	<ul style="list-style-type: none"> Athletics and OAA <p>Including: Javelin, Shot, Discus, hammer, running and jumping.</p>	<ul style="list-style-type: none"> Sports adventures <p>Including: footgolf, Table cricket, UV dodgeball, Ultimate frisbee, Boccia, Kurling, cycling, kickball and community sports visits.</p>

KS4/5 Option	Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
	Asdan PE	Asdan PE	Asdan PE	Asdan PE	Asdan PE	Asdan PE
	Sports participation	Sports participation	Health, fitness and nutrition	Health, fitness and nutrition	Researching sport	Coaching and officiating

- Alternative physical activities (Tchoukball/BMX/scooter/boxing/go kart/climbing/roller skating/high ropes/archery/cycling/Golf/fishing/shooting/ice skating/etc)
- Swimming – Swimming runs all year round and is offered to all pupils in each key stage. DHS use the NCC swimming assessment tools as well as the treasure chest award programme for pre-swimmers.