

ALWAYS FOLLOW THE WATER SAFETY CODE



Whenever you are around water:

STOP AND THINK

Take time to assess
your surroundings.

Look for the
dangers and
always research
local signs and advice.



STAY TOGETHER

When around water always go
with friends or family.

Swim at a lifeguarded venue.



In an emergency:

CALL 999

Ask for the Fire and
Rescue Service when
inland and the
Coastguard if at
the coast.
Don't enter
the water to
rescue.



FLOAT

Fall in or become
tired – stay calm, float
on your back and call
for help.

Throw something that
floats to somebody that
has fallen in.



Enjoy Water Safely

Learn basic lifesaving and CPR skills.
Visit www.rlss.org.uk